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metroNEWS

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Angelina Carvery, left, and Jasmine Cain grew up playing on the courts near the George Dixon Centre on Gottingen Street.
JEFF HARPER/METRO

SISTER ACT

These Huskies know how to make an impact on and off the court

metroNEWS



My criminal career got off to a bad start (it involved a pop machine) — but it did teach me the value of restorative justice, writes
Tristan Cleveland

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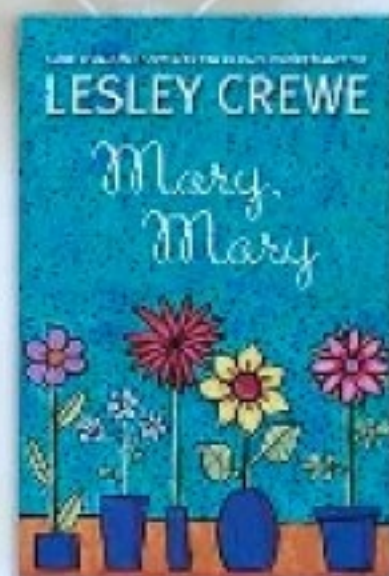
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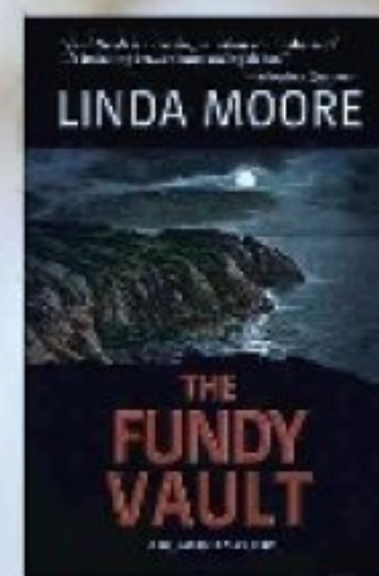
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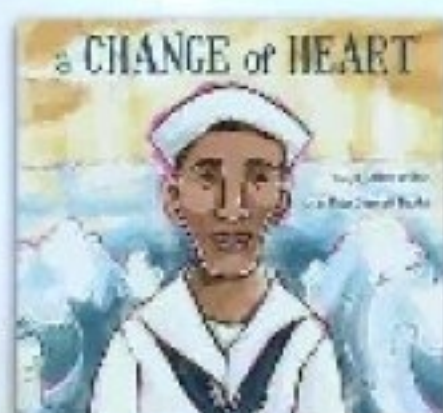
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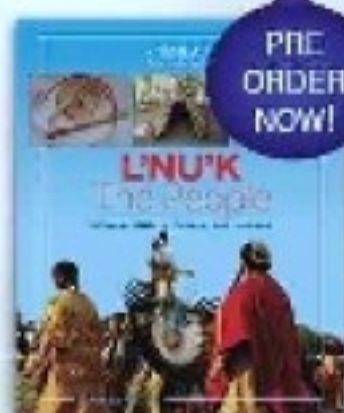
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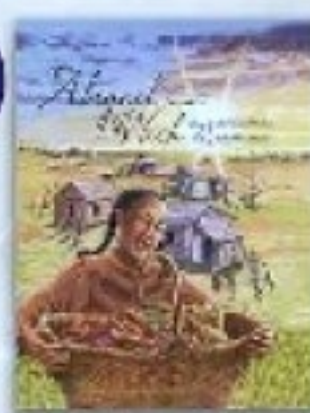
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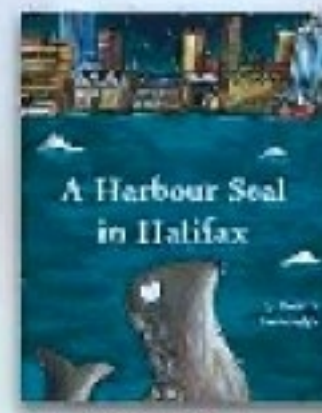
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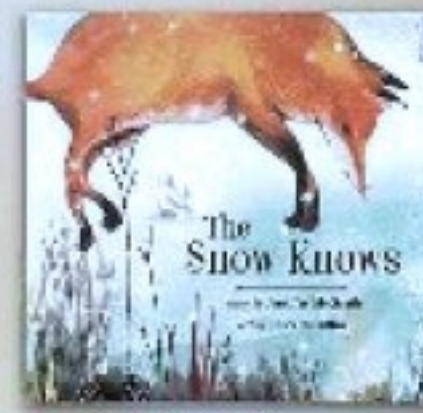
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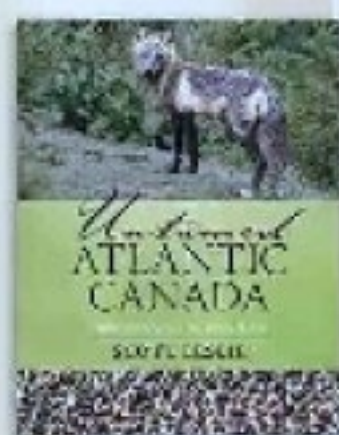
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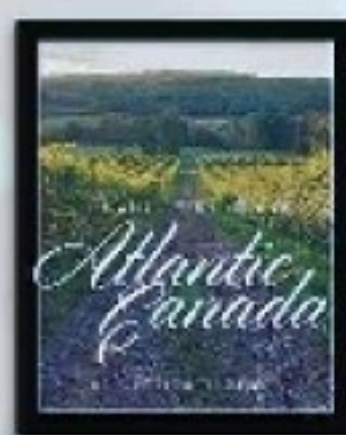
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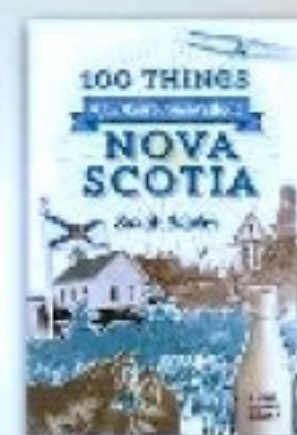
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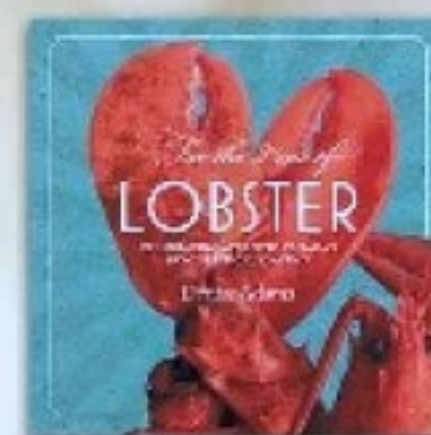
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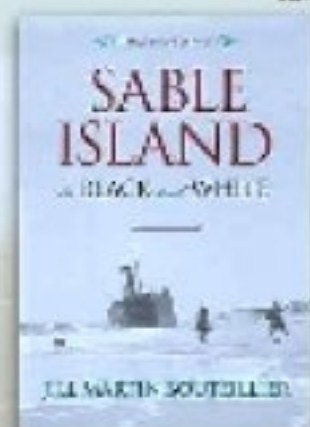
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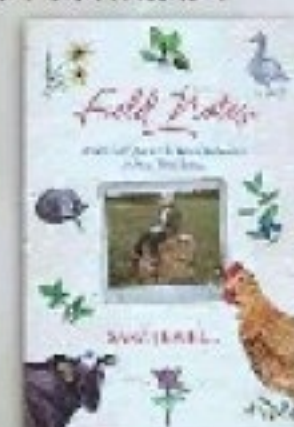
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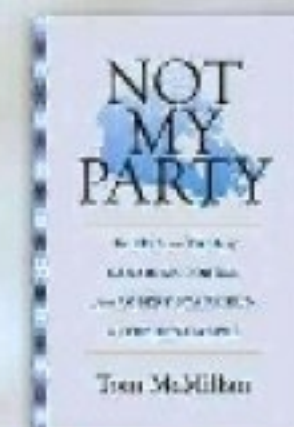
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'We're getting back to what teachers should be doing'

POLITICAL REACTION
Union's decision 'bothers' minister

INDUSTRIAL DISPUTE

Teachers plan work-to-rule action — here's what it means



Zane Woodford
Metro | Halifax

The Nova Scotia Teachers Union will be taking work-to-rule job action starting next Monday if no deal is reached with the province — but what does that mean?

"Basically it means we withdraw services that are not related to actually teaching our students," NSTU president Liette Doucet said on Monday.

"We are going to get back to what teachers should be doing, and that is it."

Talks between the union and the province broke off on Friday, a month after teachers voted overwhelmingly in favour of job action, putting them in a legal strike position as of Dec. 3.

Dec. 5 is the next day of school, so the work-to-rule action will start then.

The action was one of a few options for the union: it could've done a full walk-out, rotating walk-outs, or opted to do a gradually increasing work-to-rule, but the executive settled on full work-to-rule from the start.

"We want to really point out



A student walks into Citadel High School in Halifax on Monday. JEFF HARPER/METRO

Many of the tasks that teachers are required to do are causing them to lose time preparing.

Liette Doucet

that many of the tasks that teachers are required to do every day are causing them to lose time preparing for their students, for developing lessons, for teaching their stu-

dents, for ensuring student success," Doucet said.

For now, Doucet can't say how long the job action will last, and said it could change to a full walk-out depending

on "how things are going in bargaining."

"Our work-to-rule campaign can change at any time, too: things can be added, things can be taken away. It's a bit of a fluid situation," she said.

"Right now, all we know for sure is that work-to-rule will begin on Monday, and until further notice, that is what we need to plan for."

+ HOW IT WORKS

Teachers will still be teaching, covering the outcomes and giving their own assessments, but won't be doing provincial or board assessments. They'll also be asked not to do any of that work at home.

This semester's exams, report cards and parent-teacher days will all be completed by the end of this week, so they'll be unaffected, but depending on the length of the job action, next semester's could be.

All extra-curricular activities involving teachers will be cancelled, including Christmas concerts, sports team practices, clubs and after-school programs.

Teachers won't be collecting money from students or fundraising, and field trips will be cancelled.

Teachers will get to school 20 minutes before classes, and leave 20 minutes after the end of the school day, as required by their contract.

Teachers won't be doing clerical duties or data entry, and will be doing attendance on paper.

Education Minister Karen Casey said Monday she's disappointed to see teachers "walk away" from the negotiating table and edge towards work-to-rule.

Casey said the government showed flexibility and had been willing to continue negotiations "as long as we needed to stay," and she was disappointed in the teachers' union's decision to enact work-to-rule.

"That was discouraging and disappointing," Casey said. "It bothers me ... we're disappointed that teachers have made that decision to walk away from the table."

Nova Scotia Teachers Union president, Liette Doucet, said the union's decision wasn't a bid to avoid possible provincial back-to-work legislation.

"We have no way of knowing if the government will do that or not," said Doucet.

"I mean, the government still could do that. They could do that in any of our job actions, or any job action we decide to take."

The two sides in the dispute are disagreeing about where the working conditions in question should be addressed: The union wants them dealt with at contract talks, while the government is insisting they be discussed by a separate committee made up of representatives from the teachers' union, school boards and the education department.

THE CANADIAN PRESS

STUCK IN THE MIDDLE

Students are kept in the dark on fallout



Adina Bresge
For Metro | Halifax

In the escalating standoff between the provincial government and the Nova Scotia Teachers Union, both parties have claimed they're looking out for students' learning — but as 9,300 educators prepare for work-to-rule action next week, students at Citadel High School feel like they've been kept in the dark.

Grade 11 student Jack Dewolf

said he doesn't know much about the contract negotiations, but he was under the impression that it may mean a month-long break from school, perhaps even looking forward to it.

The 16-year-old was dismayed to find out that instead, some of the more enjoyable parts of school, like field trips and extra-curricular activities, would be suspended as the NSTU and Province House battle it out.

"I don't think it will affect me much," said Dewolf. "I'll sort of just go to school and do what I

do usually."

As university application deadlines loom, Cian Tousignant-O'Siadhail, a 17-year-old Grade 12 student, expressed concern about his marks, saying it could "be hard to catch up" before exams depending on how long the strike drags out.

Tousignant-O'Siadhail, a championship soccer player, said cutting practice could be "really bad" for the school's sports teams and hurt students who want extra help at lunch.

"I think if it does anything it

will bring more negativity than positivity," said Tousignant-O'Siadhail.

Khaled Jad, 16, and in Grade 11, was familiar with the brushstrokes of the union-government dispute, but like many Nova Scotians, he couldn't pinpoint exactly what was at stake.

"Is it about the students' future or the wage gap?" Jad asked. "It's great if they're fighting for (students) ... I honestly don't know if they're having a problem with their wages, so I guess I can't comment on that."



Citadel High School students (from left) Jack Dewolf, Khaled Jad and Cian Tousignant-O'Siadhail speak about the impending job action on Monday. JEFF HARPER/METRO

COMMUNITY

Funds raised for memorial mural



Haley Ryan
Metro | Halifax

Donations are pouring in for a mural in honour of a Halifax man killed earlier this month.

A GoFundMe page was created last Wednesday to raise money for a Shakur Jefferies mural in Mulgrave Park, under the title "Memorial wall for brother Bat."

Jefferies, 21, was the victim of a shooting on Washmill Lake Drive on Nov. 12 and Halifax's 10th homicide of the year.

The statement on the crowdfunding page said Jefferies was a mannerly young man who was "always there to help a friend in need no matter how close you were to him, and he always put his family first."

Jefferies was "the most amazing father" to a young son, the page said, and he was an all-star athlete in many sports including football and basketball where he received many awards for his excellence.

"He meant the world to every-

body," the page said.

The fundraising goal of \$2,500 will go towards a mural in Mulgrave Park, the community "he grew up in and lived for," the page said. As of Monday, just over \$1,200 had been raised.

"We want to make sure he lives on forever and he's always remembered every day when you see the memorial on the wall."

Carvel Clayton, 21, is facing a charge of second-degree murder in the shooting death of Jefferies and will next appear in court on Dec. 2.



Shakur Jefferies. CONTRIBUTED

FOOD

Needle found in dish of potatoes

A sewing needle has been found in a dish of cooked P.E.I. potatoes, the latest in a string of incidents involving metal objects discovered in Island spuds.

Halifax Regional Police Const. Dianne Penfound said they received a report Sunday evening that a sharp object was found in the potatoes after they had been peeled and cooked at a local home. No one was injured in the incident.

Penfound said the bag of potatoes was purchased at a Giant Tiger store on Dutch Village Road on Nov. 6 and that the potatoes were from P.E.I., but offered no details on the brand or origin.

Alison Scarlett, spokeswoman for Giant Tiger, said they have pulled the potatoes

from the store's shelves.

"Giant Tiger Stores Limited has reached out to the Halifax Police Department to get more information on the matter and is currently working directly with our potato vendors," she said in an email.

She said people who bought potatoes at the store can return them for a refund.

The discovery comes after metal pieces and needles were first discovered in P.E.I. potatoes in 2014, which prompted the federal government in 2015 to pledge \$1.5 million to buy metal detection equipment to help find foreign objects in Island potatoes. The provincial government also promised \$500,000 for on-site security assessments and training. THE CANADIAN PRESS



A Facebook sexism scandal within Dalhousie University's faculty of dentistry last year led to some positive change within the program. However, it's not enough, says nursing professor Jean Hughes. More must be done campus-wide. THE CANADIAN PRESS FILE

Dalhousie needs a 'culture shift': Prof

CAMPUS

Sexism not just in dentistry program, senate hears



Adina Bresge
For Metro | Halifax

Recommendations raised by a report looking into the Facebook sexism scandal at Dalhousie University's dentistry faculty need to be applied to the rest of the campus, a nursing professor told the school's senate Monday.

Jean Hughes commended the dentistry school for the changes it's made in response to misconduct that roiled the

school early last year and led to the temporary suspension of 13 fourth-year male students who were members of a Facebook group that contained sexually violent posts about their female colleagues.

The dentistry school controversy may just have been the tip of the iceberg, Hughes told her fellow senators, in what "we all know" is a university-wide problem.

"We have to take a bigger, much bigger ... approach to looking at these issues," said Hughes. "They're all through campus, we all have to acknowledge it."

Hughes said the administration's current approach to tackling misogyny at Dalhousie has been "siloed" to the dentistry program, when

"We have to take a bigger, much bigger ... approach to looking at these issues."

Jean Hughes

what the university really needs is a cross-campus "culture shift."

She called for a full-senate discussion about these issues, which was politely "noted" by the body's chair.

The senate heard a 15-minute presentation about the university's progress in implementing 39 recommendations outlined in a university-commission independent

report on misogyny, sexism and homophobia in Dalhousie's faculty of dentistry.

Dentistry school dean Tom Boran said an internal senate review committee found that "positive change was occurring" and that students feel like they're being heard.

Debora Matthews, chair of the dentistry school's "Next Steps" committee, said the faculty has made gains in clarifying its policy, outreach to "underserved" communities and affirmative action in student recruitment.

Two senators raised concerns about the school's complaints process, but Dalhousie's president Richard Florizone assured that the university is taking "fresh look" at its policies and review is ongoing.

IN BRIEF

Mid-week commute could be a messy one

Environment Canada issued a statement Monday for all of Halifax over the potential of a mid-week storm that could bring 'significant accumulations' of snow. The weather agency said a low-pressure system was expected to land on the Maritimes Tuesday night,

with snow changing to rain on Wednesday. "Significant accumulations of snow are possible before the changeover to rain," the statement read. "There are still uncertainties with the respect to the timing and amount of snow so it is important to continue to monitor forecasts and bulletins for updates." METRO

POST-SECONDARY

Labour pains continue at Cape Breton University

Cape Breton University was found to have committed unfair labour practice on the same day it suspended its president, David Wheeler.

The recent Nova Scotia Labour Board decision relates to a voluntary retirement incentive program the university offered to all of its employees, including Cape Breton University Faculty As-

sociation members, on Aug. 14, 2015.

A unanimous decision of the labour board found that the "university's conduct in offering the proposed voluntary retirement plan to individual employees without the union's consent constitutes interference with the union's representation of its members," contrary to provi-

sions of the Trade Union Act. The union had filed the motion with the labour board on Sept. 1, 2015.

The university had argued that the board should conclude the incentive program was a "valid independent employer/employee agreement," so they were "not obliged to negotiate it" with union members.

As many as 28 union and management employees had been accepted into that program before the labour board ruling.

Seemingly unrelated, the university's board of governors placed Wheeler on administrative leave with pay on the same day that decision came down.

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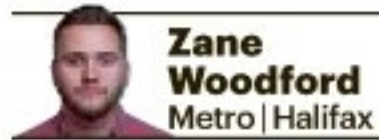
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Hot job tip: Halifax needs new fire chief

EMERGENCY SERVICES

Chief Trussler will extend his contract until role is filled



Zane Woodford
Metro | Halifax

Halifax is on the hunt for a new fire chief.

The municipality put out a request for proposals on Monday looking for a recruitment agency to work with CAO Jacques Dubé to come up with job requirements and a recommended salary, advertise and seek out potential candidates for a new Halifax Regional Fire and Emergency chief.

Current chief Doug Trussler's five-year contract was supposed to expire at the end of December. He agreed to extend it for six months on the existing terms



Halifax Regional Fire and Emergency Chief Doug Trussler is pictured in this file photo from 2013. JEFF HARPER / METRO

"as a courtesy to the CAO," to ensure a smooth transition, and to tie up a significant loose end: Trussler is set to deliver a report on new fire service standards to council early in 2017, advising council whether to change response times or staffing of fire stations in the municipality.

"I think that the current fire chief has set an excellent example of what we would be looking for," said municipal spokesperson Brendan Elliott.

"This particular chief has had an extensive time in front of regional council providing his best advice on how to proceed

in certain ways to improve the fire department, and we'd be looking for much of the same from whoever replaces him."

Trussler was at times at odds with council, especially when it came to his recommendations to close fire stations and change staffing, but Elliott doesn't think that meant he wasn't respected by council.

"I don't think there was ever a concern from council that he didn't know what he was doing or that he wasn't doing a good job," Elliott said.

"They just felt that they would like to go in a different direction than what his advice was, and the chief was OK with that."

The RFP closes on Dec. 20, and the new fire chief will start at the end of June.

The municipality is also looking to replace retiring EMO coordinator Barry Manuel, who retires at the end of April.

The successful recruiter will be filling both positions.

KING'S WHARF

'Iconic Tower' will be tallest in region

The "Iconic Tower" at King's Wharf has grown, and if you want to be at the top, it'll cost you.

Developer Francis Fares announced his finalized proposal Monday for the "signature building" at his King's Wharf development, now dubbed the Maristella.

According to a news release from Fares, the developer hopes to break ground next fall on what would be the tallest building in the Halifax Regional Municipality at 36 storeys.

The first 11 floors would be a hotel, the next two "amenities," and then floors 14 to 36 would be residential condo units.

Those condos would start at \$500,000, climbing way up to \$2 million, presumably for the two penthouse floors at the top of the building.

The project was conceptually approved as part of the King's Wharf development as a whole back in 2009. That approval allowed for 12 buildings ranging in height from 5 to 32 storeys, and municipal spokesperson Tiffany Chase said in an email that the building itself was "proposed as a high-profile building

on a podium, with a maximum height of 360 feet above sea level."

Fares had been advertising "The Iconic Tower" online at 33 storeys, and it was originally approved as a 30-storey building.

ZANE WOODFORD / FOR METRO



The design of the building has grown from 30 storeys to 36 over the years. CONTRIBUTED

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Rules ignored on Africville: Lawyer

LAND RIGHTS

Court filing alleges city failed to follow charter in 1960s razing

The contentious 1960s-era decision that led the City of Halifax to raze a black community will be debated anew this week in Nova Scotia Supreme Court.

Former residents of Africville are seeking compensation through a class action brought by former resident Nelson Carvery. Two days of hearings have been set aside, starting Wednesday, as lawyers seek to have the claim certified.

Black people first settled in Africville on the southern shore of the Bedford Basin around the mid-1800s, but it was demolished in the 1960s in the name of urban renewal.

In a brief filed with the court, lawyer Robert Pineo says Halifax did not follow its own rules under the city's charter.

"The defendant (failed) to perfect the purported expropriation of Africville in the

1960s by failing to fully compensate land rights and interests, failing to provide notice of the purported expropriation to landowners, and failing to apprise them of their rights in the process, all contrary to the then in-force expropriation provisions of the Halifax City Charter," the document states.



Proceeding as a class is ... realistically the only means by which the proposed class members may have access to justice.

Class action document

In 2010, the city issued a public apology and \$3 million to rebuild the Africville church, among other things, but the settlement did not include personal compensation.

The suit seeks liability on the part of the City of Halifax, damages and costs.

The document doesn't put a



Former residents of Africville are seeking compensation in a class action. THE CANADIAN PRESS

number on the possible number of people in the lawsuit, but says it would include all former residents who were removed between 1962 and

1970, or their estates, and who have not opted out of the suit or otherwise had their claims dismissed or discontinued.

"The facts of this matter, and

in particular the communal nature of the property rights expropriated, make individual pursuit of claims unfeasible, and there are no alternative

mechanisms by which the claims can be pursued. Proceeding as a class is therefore the most appropriate, and realistically the only means by which the proposed class members may have access to justice," the document reads.

Pineo has previously said a class action could involve 300 people.

In its brief, the city says a class proceeding would not result in a fair or efficient resolution.

"The class proposed by the plaintiff is overly broad, vague, and not rationally connected with the cause of action and the common issues. The class is defined by residency in Africville as opposed to sharing the cause of action. The cause of action pled is the alleged failure to perfect the expropriation of Africville. This requires an ownership or interest in the Africville lands at the time of expropriation, yet the proposed class makes no such requirement of its members," the city's brief states.

The city requests that the motion for certification as a class proceeding be dismissed.

THE CANADIAN PRESS

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N.S. intimate photo, child pornography case delayed

The complexities in one of Canada's largest prosecutions involving the alleged sharing of intimate images without consent has resulted in a delay.

Defence lawyer Joshua Nodelman, who represents one of the accused, says the case involving six Nova Scotia teens charged with sharing images of at least 20 high school girls will be back in youth court in Bridgewater, N.S., next month.

He says the discussions on case management scheduled for today were put over until

Dec. 12, allowing the lawyers to work out details to narrow the issues in the case.

Nodelman says a judge is also expected to hear applications at that date regarding applications by the media to gain access to some court documents in the case.

The lawyer says trial dates have been set for July 31 to Aug. 1 and Sept. 5 to 8 for a youth court hearing for the six young men. Two 18-year-olds and four 15-year-olds are facing charges of distributing intimate images

without consent, and possessing and distributing child pornography.

Their identities are protected under the Youth Criminal Justice Act. Charges were laid after Bridgewater police launched a year-long investigation in response to complaints from school officials, leading to the seizure of a number of electronic devices (mainly cellphones) which were handed over to the RCMP Technological Crime Unit for analysis. THE CANADIAN PRESS

FISHING

Winds halt start of lobster season

You can prepare for months for the start of the lobster fishery but in the end the one thing you can't control is the weather.

Such is the case again this year as high winds forecasted for Monday postponed the start of the season. The season will start Tuesday morning instead.

The official decision to delay the opening of the

LFA 34 season was made Sunday morning following a second conference call with industry over the weekend. LFA 34 — which takes in Yarmouth County and areas of Shelburne and Digby counties — will start its season at 6 a.m. on Tuesday.

LFA 33, which takes in the South Shore of the province, will start at 7 a.m.

The lobster season runs

until May 31. Dwayne Surette, Area Chief of Resource Management for DFO in Southwest Nova, says while one forecast was calling for 20-25 knots, the weather synopsis for Monday was calling for 25 to 30 knots of wind, and the DFO-industry protocol says anything above 25 knots means a delay to the start.

TC MEDIA



Staff Sgt. Jodie Wilson, seen in front of the Cape Breton Regional Police headquarters, is currently in charge of the north division for the police service. TC MEDIA

Female officer makes Sydney area history

LAW ENFORCEMENT

Jodie Wilson is region's first woman staff sergeant

Jodie Wilson, a wife, a mother and a member of the Cape Breton Regional Police Services, has been promoted to the position of staff sergeant, making history by becoming the first female police officer in a management role in the local police force.

"I was pretty excited and shocked at the same time when I found out," she said.

Wilson said when recently called to Chief Peter McIsaac's office she hoped had something to do with an upcoming meeting. "When I saw members of the management team kind of lingering around by his office, I started to get a little suspicious."

Wilson said she's thrilled with the opportunity to exercise more leadership and work with

senior members. Although no one in her family was involved in policing, Wilson was always interested in such a career.

"Even as a young kid I was always playing cops and robbers around the neighbourhoods."

When Wilson was hired onto the police service in 2000, she was one of only three females on the force.

Although her fellow officers weren't used to having females around, she says the support was always incredible. "They never wavered thinking I couldn't do the job."

Public support was also there, although at first there were a few different reactions. "They were always waiting for the big burly guy to show up." Wilson said the stereotype is now gone and the police force is more diverse.

"I think the community, public and even criminals are used to seeing smaller officers, female

officers — we come in all shapes and sizes and doesn't mean you can't do the job."

Wilson's career has seen her work at all three regional police divisions, and sergeant of the community safety enforcement division in central division.

She is a member of the public safety unit team, a data master technician and a trained crisis negotiator.

A career highlight includes her role with the community safety enforcement unit focusing on human

trafficking.

Her interacting and developing relationships with some of the sex trade workers resulted in several receiving help with Addiction Services.

McIsaac said when the Cape Breton Regional Police Service amalgamated 20 years ago, there weren't any women on the police force. Today there are 16. TC MEDIA

“

I was pretty excited and shocked at the same time.

Wilson on her promotion

Trudy Domestic Short Hair

Trudy is friendly and gentle, responsive to attention and ready to head home with a new person or family. She has some cute distinguishing features like a ginger spot at the tip of her tail, and pretty mint green eyes. Trudy is 2 years old and has already been into the shelter a couple of times. She first came to us after she was found, stray, in Halifax. She was adopted and though her new guardian wanted to keep her safely indoors, she liked to escape and so she came back to the SPCA. Trudy can be a bit shy, and although friendly with people, would need to be the only cat of the household.



For more information on **Trudy** and other adoptable furry friends, visit www.spcans.ca/dartmouthshelter or contact the Nova Scotia SPCA Provincial Animal Shelter at 902-468-7877 or dartmouth@spcans.ca

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Saint Mary's Huskies teammates and sisters Angelina Carvery, left, and Jasmine Cain pass a basketball in the court they grew up playing on. JEFF HARPER/METRO

Sisters share a special season

SPORTS

Teammates take pride in being local role models

Adam Richardson
For Metro/Halifax

Angelina Carvery calls this the most special season of her successful basketball career, and its meaning goes far beyond wins or championships.

The fifth-year Saint Mary's Huskies guard finally shares the court with her 18-year-old sister, Jasmine Cain. Cain

committed to Saint Mary's this season, making it the first time the siblings are on the same team. Angelina always wished for the day when her little sister would also become her teammate.

"We're like horse and buggy, always attached at the hip," says Angelina, who is five years older. "She grew up watching me play, but I never thought I'd get this opportunity. We used to count the years knowing that maybe one day there was a chance, but it's finally here and it's special for our family."

Standing on the outdoor courts next to their childhood home in Uniacke Square, the bond between Angelina and Jasmine is stronger than sibling

resemblance. From the mall to meals, practice and weekend road trips, the two are often inseparable. Mom always made sure of it, of course.

They even play the same style of game. Both are skilled

"I'm glad to have been able to guide my sister. Hopefully this is something we can represent for the upcoming generation."

Angelina Carvery

guards, with the veteran Carvery averaging 13 points and Jasmine contributing six points-per-game as a rookie.

"I'm surprised we're not finishing each other's sentences," jokes Angelina. "When we score a basket, even the commentators get us confused. We're the same person — basically twins, just not born on the same day."

One can hardly blame Jasmine for following in her sister's footsteps. After all, she grew up watching Carvery win four consecutive Atlantic University Sport championships with the powerhouse Huskies.

Both were standouts at Citadel High, but Angelina wanted Jasmine's university choice to be her own. Head coach Scott Munro calls both players "a pleasure to coach," and has known the two since they were each about 15 and playing on his provincial teams.

"Whenever I'd talk to my sister about school, she'd always tell me it's my choice," Jasmine said. "(Munro) never had Angelina talk to me. He recruited me on my play and my decision was based on his coaching and the opportunity to play for Saint Mary's."

On the basketball court, Angelina admits that she can be tough on Jasmine. It all stems from wanting what's best for

her little sister. Angelina sees this season as a passing of the torch — a chance to continue being a role model not only to Jasmine, but also others in the community.

"I take pride in being a role model because I didn't have anyone to look up to growing up," Angelina says. "I'm glad to have been able to guide my sister. Hopefully this is something we can represent for the upcoming generation and it's a snowball effect for years from now."

For those wondering, the Huskies are an unblemished 7-0 thus far in defence of their title.

For Angelina and Jasmine, it's already been a perfect season.

GIVING TUESDAY™



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GIVING TUESDAY

Haligonians jumping on Giving Tuesday

Awareness of Giving Tuesday is a snowball rolling down a mountain.

It's only been going for a few years but, every year, more Haligonians are jumping on board.

Lys Hugessen, national organizer for Giving Tuesday, said it started in the U.S. in 2012 and Canada a year later. Following the shopping mayhem of Black Friday and Cyber Monday, Giving Tuesday was created to remind everyone it's also the season of giving.

"It caught on really quickly and we ended up with over 1,000 partners that first year," she said. "It's just been growing exponentially since then and it's also grown globally."

It's a day where charities and business partners plan unique events to reach out into the community and boost donations. It's now celebrated in 71 countries and Canada is the second biggest supporter.

"Canada is hot on the heels (of the U.S.) just one year behind," Hugessen said.

"It's celebrating giving and it's really fun to see things like the (Wilsons) hug campaign and activities that really en-



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gage the public."

There are 30 community movements across the country and they all do Giving Tuesday a little differently.

"They all take a different approach so it's really hard to compare and say Halifax is the best, but Halifax is amazing," she said.

Halifax blew their goal out of the water last year. Sarah Lyon, organizer of Giving Tuesday in Nova Scotia, said last year they created Nova Scotia Gives More to make it a provincial entity instead of just Halifax.

"We had a goal of \$1 million in philanthropy that day and that happens in all

different ways: it could be major gifts, socks donated or hours volunteered."

At the end of Giving Tuesday last year

Spreading the word

Hugessen's goal is to keep pace with the awareness of Black Friday and Cyber Monday. When they started in 2013 there were people who hadn't heard of the two mega shopping days.

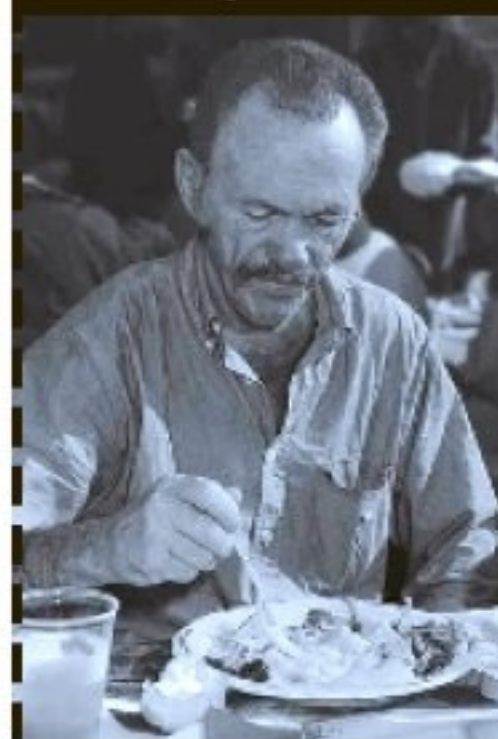
"Now you'd have to live under a rock to miss them," she said. "Our goal is if you've heard of Black Friday and you've participated in some way, then you should have heard of Giving Tuesday as well and be giving in some way, whatever way you can."

the total reached over \$4 million.

"This year what we really want to focus on is just philanthropy in general, with the spotlight on volunteers and donations and not so much on the major gifts like we were last year," Lyon said.

-JEN TAPLIN

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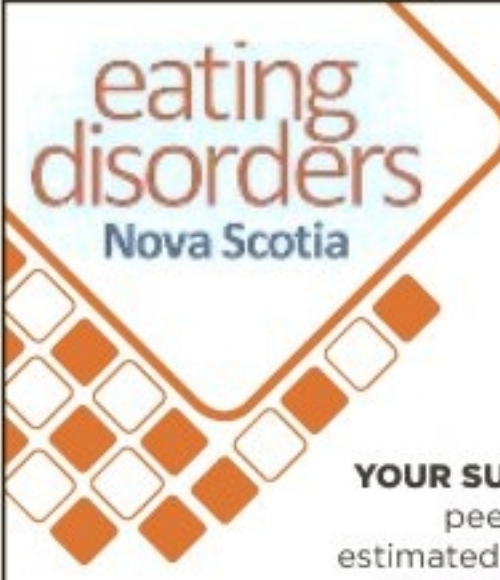
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Costs are average and include the expense of preparing and providing meals. All donations will be used for board-approved programs and projects. When any need or project goal has been met or cannot be completed, extra funds will be used in areas of greatest need.



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Give the gift of supporting the arts in N.S.

Here's a great idea for Giving Tuesday: spread inspiration, creativity and the love of art to thousands of Nova Scotians with a donation to the Art Gallery of Nova Scotia.

Around 50,000 people — tourists and locals alike — visit Gallery exhibitions and events annually. The Gallery offers tours for school children, plus innovative programming and partnerships like Autism Arts, Artful Afternoon, and specialized art experiences for newcomers to Canada.

"Donations help us deliver on our mission of engaging people with art," says Leslie Tinkham, director of development. "Our donors enable the Gallery to ensure accessibility to Nova Scotians throughout the province and from all walks of life."

Most donations are directed to education and public programming and to making the Gallery accessible. Gifts can also be designated to exhibitions, acquisitions, or special projects/technology.

Since his parents immigrated to Nova



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Scotia in 1939, Emanuel Laufer, a donor, said contributing to the vibrant arts community has been a priority for his family.

"From the contribution of numerous artworks to a Gallery space that bears their names, to an endowment funding ongoing collections care and conservation — I am very pleased that this legacy will continue," Laufer says.

Donations both big and small are essential to the Gallery. They are incredible investments in the well-being and health of individuals and communities. What better gift than that?

Mental health organizations join together for special fundraiser

Great partners, the Schizophrenia Society of Nova Scotia and Canadian Mental Health Association Halifax-Dartmouth Branch are joining together for a special event on Giving Tuesday.

On Nov. 29, members of both organizations will be at the CMHA Halifax-Dartmouth Branch located at 2020 Gottingen Street to host a Holiday Sale noon-6 p.m. They will be selling 2017 calendars and accepting donations.

"Joining together is not an isolated event as many of the grass root non government mental health and addictions organizations work collectively to have a greater impact with the people we serve," said Diane MacDougall, director of the Schizophrenia Society of NS.

This is the first time the two organizations have joined together for a fundraising event. The Schizophrenia Society receives only 10 per cent in government funding and CMHA Halifax-Dartmouth receives 30 per cent government funding.

"We rely on the relationships we have with donors, members and our events to keep our

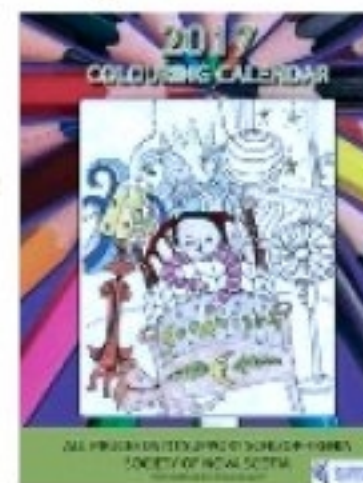
doors open, we need your support more than ever," MacDougall said.

CMHA Halifax-Dartmouth Branch and the Schizophrenia Society of Nova Scotia are both registered charities.

As local leaders and champions for mental health and addictions, they support the resilience and recovery and well-being of people living with mental illness and their loved ones.

CMHA Halifax Dartmouth provides much needed social programs, and support services. Both organizations provide information, resources, referrals and advocacy in a space that is inclusive, safe, and respectful. They strive to create an environment of hope to reduce stigma, and to promote mental health and wellness for all.

The Schizophrenia Society of Nova Scotia has a peer support group that meets every Thursday at Atlantic Superstore on Barrington Street and a family support group meets monthly in HRM. There are 8 family support groups across Nova Scotia.



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Why give a gift to support the Art Gallery of Nova Scotia?

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 Art Gallery of Nova Scotia

Join Together For Mental Health Giving Tuesday - 29 November 2016



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Let the season of giving begin with a donation to IWK

Giving Tuesday is the opening day of the giving season. Celebrate this special day by showing the IWK you care. Today only, Atlantic Digital is matching every donation to the IWK Foundation dollar for dollar (up to \$5,000).

"Atlantic Digital is so excited to be supporting the IWK Foundation on Giving Tuesday," says John Day, president of Atlantic Digital Reproductions. "Everyone has an IWK story and many of our clients and staff have been personally touched by the IWK. We are so proud to be giving back."

Donations can be made online at iwkfoundation.org or by calling 1-800-595-2266.

Funds raised on Giving Tuesday will go towards the urgent care priorities of the IWK Health Centre — areas which include advanced technology, research, improved facilities and up-to-date equipment.

Over the holiday season, the IWK is a home away from home for many Maritimers.

Rachel Daigle was 28 weeks pregnant when she experienced complications. She was airlifted to the IWK where her daughter Lilian was



Rachel Daigle and her daughter, Lilian.

CONTRIBUTED

delivered via emergency c-section.

"We are so grateful for the care that we have received in the IWK's Neonatal Intensive Care Unit over the past several months," she says. "Our family is looking forward to bringing Lilian home."

Donate today to help support specialized care for women, children, youth and families in the Maritimes.

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The best kind of gift giving also helps the community

The Cobequid Health Centre Foundation in Lower Sackville is hosting an on-line auction of fabulous gifts and the best part: it all goes to a great cause.

The auction, at cobequid-giftflight.ca, opened on Nov. 1 and closes 5 p.m.

on Dec. 9. Here are just some of the great gifts up for bid: a \$750 Via Rail Gift Card, one night stay at Inn on the Lake and a two day pass with rentals for Ski Martock.

"Our auction provides a great way to shop for loved ones while supporting health care critical for our community," says Stacey Chapman, executive director of the Cobequid Health Centre Foundation.

Every penny helps this vital health care centre. When Cobequid Centre's emer-



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gency department was established it was anticipated the maximum annual capacity would be 20,000 patients a year. Last year alone they served over 41,000 patients.

"Funds from the auction will

support enhancement to our emergency department so we can meet our growing needs," Chapman said.

They are also selling Gift of Light bulbs for a minimum donation of \$15. The inscribed bulbs go on a spectacular tree in the lobby. It's a great way of honouring someone special. The tree lighting ceremony is planned for Dec. 6.

For more information or to buy a Gift of Light on-line visit cobequidgiftflight.ca.

Remember your loved ones WITH A GIFT OF LIGHT DONATION



GIFT OF LIGHT

Cobequid Foundation's Online Auction is open NOW. Submit your bids before Dec. 9th at 5pm. Do your holiday shopping while supporting your community!



Funds raised go to enhancements of the Cobequid Community Health Centre's Emergency Department.

To donate call 902-869-6128 | cobequidgiftflight.ca

GIVING TUESDAY™



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GIVING TUESDAY

Social media spreading word of Giving Tuesday

It's cheap and a super effective way for charities to get the word out about Giving Tuesday.

Sarah Lyon, organizer of Giving Tuesday in Nova Scotia, said all the charity partners use social media to drum up support for Giving Tuesday events.

"You're combating two days of mass marketing, fliers, emails and commercials for Black Fri-

day and Cyber Monday and we don't have those resources as charities," she said. "Social media is a great word-of-mouth campaign."

Lyon, who is also with the Alzheimer Society of Nova Scotia, said her organization has social media ambassadors who spread the word about their matching donation event on Tuesday.

"The expense of social media compared to

doing a mass media is something we all can be doing," she said.

"It's one of the first real charity grassroots social media campaigns that you would have seen."

People can donate on-line, quickly post their Giving Tuesday philanthropy efforts on social media and urge all their friends to join them.

Lys Hugessen, national organizer for Giving Tuesday, said it's one big virtual party. Giving Tuesday has been trending every year on Twitter, she said, and it's very active on Facebook.

"It's been really an eye-opener for fundraisers to see actual donations, new donors, Millennial donors...It's been a very important driver for the movement."

Lyon and Hugessen said Giving Tuesday is still very much about the old school, on-the-street events as well. Social media just blends really well with the traditional face-to-face approach.

"You still have the classics of getting out there and being on the street," Lyon said. "Adsum House, United Way, Arthritis Society those are just three off the top of my head who are going to be out there on the street. There's still that old school fundraising going on too." —JEN TAPLIN



ISTOCK

"THERE IS SO MUCH GIVING HAPPENING THAT'S HAPPENING ON GIVING TUESDAY THAT'S NOT ON-LINE AND NOT ON SOCIAL MEDIA...THEY BOTH WORK TOGETHER AND COMPLEMENT EACH OTHER."

—Lys Hugessen, national organizer for Giving Tuesday.

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November 29, 2016

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DOUBLE THE GIVING FOR THE ALZHEIMER SOCIETY

Double up on Giving Tuesday with the Alzheimer Society of Nova Scotia.

Thanks to a partnership with Deloitte, all donations up to \$5,000 made on Tuesday, Nov. 29 will be matched.

"So your \$10 becomes \$20," said Sarah Lyon, director of philanthropy with ASNS. All the funds that are donated in Nova Scotia stay in our province to support the demand for support and education."

ASNS is also a proud founding organization of Nova Scotia Gives More, the Giving Tuesday Canada civic movement.

"Giving Tuesday is important to us because it is a day that we all come together to really kick off the holiday season which is often referred to as the season to give back," Lyon said. "With a matching donor in Deloitte, the impact of this day is doubled, helping us respond more to the increase in the supports we offer."

As a founder and partner in Nova Scotia Gives More, Lyon said it was important for them to work with other charitable organizations to spread the word about Giving Tuesday.

"It can be difficult for charities to get their message across to the public at this time of year, especially in the wake of two very commercial, marketed days of Black Friday and



ISTOCK

Cyber Monday."

They are very grateful to Nova Scotians who donate all throughout the year to help fellow Bluenosers living with the disease, Lyon added.

"Giving Tuesday is a day to honour that philanthropic spirit; it's about donating, volunteering and saying thanks," she said. "Thanks to all those that support the work being done to help others on the dementia journey in our province."

MANY DIFFERENT WAYS TO GIVE BACK THIS YEAR

From sharing a smile, volunteering or donating, there are so many ways to get involved on Giving Tuesday.

"I think that's what is unique about this is (charities) are all together," said Sarah Lyon, organizer of Giving Tuesday in Nova Scotia. "But we're all doing our own unique things."

For people who come out to donate on Giving Tuesday, they like to see the charities out there giving as well as receiving. Many of them are collecting donations while also doing charitable work.

"You get so many pieces of mail from us in your mailbox, but here we are all working together to spread that message and to help you make that donation to your charity of choice," she said. "A study came out a few years ago and said Atlantic Canadians are the most generous in Canada. This is a day to celebrate that."

She added it's not about shaming people for spending on holiday shopping, it's just a reminder that the spirit of the season is about giving.

"A lot of people recognize we've just had two really heavy shopping days. People say this is the giving season and this is one way to practice that," Lyon said.
-JEN TAPLIN

Giving Tuesday events:

All Day

ALS –During lunch and dinner at the Old Port Pub, \$1 for every burger sold will be donated to ALS. **Mudwraps to Manicures** – selling ornaments with the proceeds to ALS.

Alzheimer Society of Nova Scotia– Donations on Tuesday will be matched by Deloitte (up to \$5,000).

Barefoot Facilitation Inc. - Collecting new winter socks to donate to the Brunswick Street Mission's clothing bank.

Bonny Lea Farm – Asking for donations to support and empower adults with disabilities.

Catapult Camp – 400 students across Nova Scotia conducting random acts of kindness and volunteerism, via a bucket challenge.

Clean Foundation– Asking for donations to #SendEddie, the special eco-superhero cat (puppet) to primary schools.

Dartmouth North Community Food Centre – Donations will be matched by an anonymous donor (up to \$10,000)

Easter Seals Nova Scotia – Cookies delivered to community partners to say thank you.

The Aninga Project– Make a donation to help send girls to school in Uganda.

At Various Times on Giving Tuesday

7:30 a.m. –Adsum House – Adsum Angels collecting road toll donations on Gottingen and North Street

8 a.m. -9:30 p.m. - Arthritis Society - Handing out candy canes and asking for donations at the Windsor Street Exchange.

10 a.m.-4 p.m. - Cole Harbour Heritage Farm Museum – For a \$10 donation, donors will be thanked with a signature English Cream tea.

11 a.m. -12:30 p.m. United Way – Teams have 1.5 hours on to spread kindness and compassion in our city however they want.

11 a.m. - 1 p.m. Wilsons Home Heating - At Scotia Square and Victoria Park give a hug and a \$10 donation will be made to your charity of choice (Feed NS, SPCA NS, Brigadoon Village).

Noon- 6 p.m. – Schizophrenia Society of NS and Canadian Mental Health Association calendar and art sale at 2020 Gottingen Street .

2:30-4 p.m. – Adsum Angels giving out hot chocolate and candy canes at the Halifax North Library.



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Sex-assault poll shocks brass

MILITARY

Critical survey shows nearly 1,000 reports in just one year

Nearly 1,000 members of Canada's military say they've been sexually assaulted in the past year, according to a landmark survey.

Women in Canada's military remain the target of sexual assaults, unwanted sexual touching, inappropriate sexual innuendo and jokes, according to the newly released survey that reveals top commanders have much work left to improve the culture within the Canadian Armed Forces.

One in 60 regular force members say they've been sexually assaulted in the last year, mostly unwanted sexual touching, but also including attacks and sexual activity without consent.

That works out to about 1.7 per cent of regular forces personnel, higher than the comparable rate of 0.9 per cent for the general population.



Gen. Jonathan Vance addresses the findings of a Statistics Canada Survey on sexual misconduct in the Canadian Armed Forces. SEAN KILPATRICK/THE CANADIAN PRESS

New statistics released Monday show that women are often the target of misconduct and are four times more likely than men to be assaulted.

In an especially disturbing revelation, almost one-third of women in uniform say they've been the victim

of a sexual assault since they enlisted.

The grim stats are part of a landmark survey by Statistics Canada commissioned by the military to uncover the extent of inappropriate conduct in the ranks.

Some 43,000 military members responded to the volun-

tary survey between April and June and the findings will serve as a benchmark in what promises to be a regular survey to keep tabs on the problems.

Gen. Jonathan Vance, the chief of defence staff, said Monday the findings confirm his decision to launch OP

Honour, the military-wide initiative to stamp out misconduct and improve workplace culture, as one of his first acts upon taking command in July 2015.

But especially troubling for Vance and his top commanders, is that inappropriate behaviour has continued after the launch of that effort.

Vance renewed his pledge that the military will seek out perpetrators. He said that 30 supervisors and higher rank members have been removed from their command because of misconduct and Vance bluntly said they wouldn't be missed if they left the military entirely.

Vance said he was buoyed by the finding that almost 80 per cent regular force members strongly agreed that complaints about inappropriate sexual behaviour would be taken seriously in their current unit.

But he agreed that more work needs to be done to encourage the victims of sexual assault and misbehaviour to report incidents to their superiors or the police.

TORSTAR NEWS SERVICE

By the numbers

49 per cent of women who were sexually assaulted in the last 12 months identified their supervisor or someone of higher ranks as the perpetrator. For men, a peer was commonly the perpetrator. Among regular force members, **27.3 per cent** of women and **3.8 per cent** of men have been victims of sexual assault at least once since joining the Canadian Armed Forces. Unwanted sexual touching was the most common type of assault.

Four in five members of the regular forces saw, heard or were personally targeted by sexualized behaviour in the military. The most common behaviour were sexual jokes and inappropriate sexual comments, but the complaints also included indecent exposure.

Close to **one in five** regular force members were personally targeted by sexualized or discriminatory behaviour in the past 12 months. **Women were twice as likely** as men to being the target of such behaviour.

Trudeau to skip Castro memorials

Prime Minister Justin Trudeau's office says he won't be attending any memorial or funeral services for the late Cuban leader Fidel Castro, saying his schedule wouldn't allow him to attend.

Instead, Trudeau has dispatched Governor-General David Johnston to attend a memorial service scheduled to take place Tuesday in Havana. The PMO would not say if any other representatives would attend memorial services or Castro's funeral.

Trudeau's decision follows harsh criticism at home and abroad for a laudatory statement issued on the weekend

that praised the dictator's legacy.

Trudeau's statement expressed "deep sorrow" about the death of Castro, 90, without mentioning the human rights violations of his regime beyond referring vaguely to him as "a controversial figure." Trudeau also described Castro as a "legendary revolutionary and orator" who made significant improvements to the education and health-care systems of Cuba.

Trudeau defended his statement by saying he was trying to highlight the connections between Canada and Cuba.

The Opposition Conservatives took Trudeau to task Monday in



Justin Trudeau in Madagascar on Sunday. THE CANADIAN PRESS

the House of Commons, urging him to amend his written statement after agreeing in a news conference Sunday that Castro was a dictator. THE CANADIAN PRESS

Pilot dies in fighter jet crash

The pilot of a CF-18 fighter jet that crashed near the Alberta-Saskatchewan border has died.

The Air Force said the single-seat fighter was based out of Canadian Forces Base Cold Lake in northeastern Alberta and went down Monday morning on the Saskatchewan side of the Cold Lake Air Weapons Range.

The pilot was not identified

pending notification of next of kin.

Speaking in Ottawa, Air Force commander Lt.-Gen. Michael Hood said the plane crashed during a routine training mission by 401 Squadron, one of two CF-18 squadrons at the Cold Lake base.

"It's a very, very sad day for the RCAF and our hearts go out to the family of our fallen mem-

ber," Hood said. "More details will be forthcoming. It's just a reminder of the dangerous work that we ask the men and women of our air force and our armed forces to do every day."

Defence Minister Harjit Sajjan said he couldn't speculate on what caused the crash. A flight safety investigation is to look into what went wrong.

THE CANADIAN PRESS

BROADCASTING

CBC asking feds for \$400M to go ad-free

The CBC is asking for an increase of roughly \$400 million in government funding to go ad-free on all platforms.

A proposal paper posted to the national broadcaster's website outlines how the CBC/Radio-Canada wants to follow the example of the BBC, Britain's national broadcaster, and be fully funded by the federal government instead of partially relying on ad revenue.

The CBC "has always been funded at a per person level that is significantly lower than ... almost all other comparable public broadcasters," the paper notes, pointing out that the

BBC receives \$114 per citizen while the CBC only gets \$34.

The paper proposes a \$12 increase to bring the amount it receives from each Canadian to \$46, a price it says is "still well below comparable countries."

"The BBC offers a compelling example of how a strong, stable, well-funded public broadcaster can serve the interests of domestic audiences and diverse communities, support the global ambitions of its creative and cultural sectors, and provide a strong foundation for Britain's creative economy," the paper says.

TORSTAR NEWS SERVICE

ELECTIONS

We're ho-hum on reform



Wanyee Li
Metro | Vancouver

Canadians are open to the idea of electoral reform, but in no rush to see actual change in the way they cast their votes, according to a new Angus Reid Institute poll.

About 72 per cent of respondents said they believe an electoral system that better

reflects popular support would increase voter turnout, but only 37 per cent said they are in support of actually changing the system.

"There is some openness, some acknowledgement of the potential benefits of changing, but that doesn't exactly equal a wholesale national call for electoral reform," explained Shachi Kurl, executive director of the Angus Reid Institute.

IN BRIEF

Man threatened to blow up woman to join Daesh

A Quebec man threatened to kill his girlfriend and her son with a car bomb if his plans to join Daesh and reunite with his family in Syria were revealed to the police, the man's criminal trial has heard.

Ismael Habib is the first Canadian to face trial on charges of attempting to leave Canada to join a terrorist group after he was arrested last March by the RCMP. TORSTAR NEWS SERVICE

10K cattle face slaughter

Federal officials say at least 10,000 cattle are going to slaughter as a result of a bovine tuberculosis outbreak in Western Canada.

The Canadian Food Inspection Agency says the animals are considered "high risk" for contracting or transmitting the infectious disease, even though only six cattle have tested positive for bovine TB since the first case was confirmed in September.

The agency last week declared six properties among those considered as high risk for transmission, but added 12 more farms to the expanding list today.

THE CANADIAN PRESS

Officer hailed for speedy takedown

OHIO STATE

Assailant killed a minute after attack began with car, knife

Officials on Monday praised an Ohio State University police officer who shot and killed a man a minute after the assailant drove his car into a crowd and stabbed multiple people.

Officer Alan Horujko, who started on the university police force in January 2015, was responding to reports of a nearby gas leak when the car jumped a curb on campus at 9:52 a.m.



Alan Horujko
OHIO STATE UNIVERSITY
POLICE VIA THE AP

Horujko ordered the attacker, Abdul Razak Ali Artan, to drop the knife and then shot him when he didn't obey the



Nicholas Flores grieves during an attack at Ohio State on Monday in Columbus. ADAM CAIRNS/COLUMBUS DISPATCH/THE ASSOCIATED PRESS

command, university president Michael Drake said.

"The officer encountered the individual by 9:53; the subject was neutralized by 9:53," Drake said, underscoring how quickly events unfolded.

Eleven people were hurt in the attack.

Mayor Andrew Ginther called Horujko an "outstanding young

law-enforcement officer."

"There has never been a more dangerous or complicated and challenging time to be a police officer," said Ginther.

Horujko, 28, was placed on administrative leave Monday. Horujko appears to be an avid runner, with several half-marathons under his belt, according to online results. THE ASSOCIATED PRESS



JAPAN SOMETHING FISHY An amusement park in Japan sparked an uproar after it displayed about 5,000 dead fish in the ice at a skating rink, forcing the park to close the attraction. About 25 different kinds of fish could be seen under the 250-metre-long ice circuit. The park in of Kitakyushu opened the "Ice Aquarium" as an "attraction never heard about." FACEBOOK/THE ASSOCIATED PRESS

Word of the year sign of the times

You might have thought about it, heard it. A lot. You might have even felt it: Dictionary.com's word of the year is "xenophobia."

While it's difficult to get at exactly why people look up words in dictionaries, online or on paper, it's clear that in contentious 2016, fear of "otherness" bruised the collective con-

siousness around the globe.

The Brexit vote, police violence against people of colour, Syria's refugee crisis, transsexual rights and the rise of Donald Trump in the U.S. presidential race were among prominent developments that drove debate — and spikes in lookups — of the word, said Jane Solomon, one of the site's lexicographers.

The 21-year-old site defines xenophobia as "fear or hatred of foreigners, people from different cultures, or strangers." And it plans to expand its entry to include fear or dislike of "customs, dress and cultures of people with backgrounds different from our own," Solomon said in a recent interview. THE ASSOCIATED PRESS

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PAUL WELLS ON WHAT CASTRO LEFT BEHIND

Canadians not named Trudeau will probably continue to watch Cuba as we have for decades, unsure or divided in our response.



I want to talk about the rest of Canada's weird, hesitant relationship with Cuba. But first, since I'm just getting to it now, a few words about Justin Trudeau and Fidel Castro.

We haven't seen Justin Trudeau mourn like this since his dad died. In expressing his "deep sorrow" at the death of Castro, a "larger than life" figure whom Trudeau lauded as "a legendary orator."

Sorry, let's just pause right there. Legendary orator? On Sept. 26, 1960, Castro addressed the United Nations General Assembly for four and a half hours, a record unchallenged to this day in the most boring room on Earth. In 1998 in Havana he spoke for seven and a half hours. Calling Castro a great orator is like calling porn legend Ron Jeremy a romantic: It confuses volume with quality.

Onward. Trudeau lauded Castro's "tremendous dedication and love for the Cuban people," whose speech and dietary protein Castro rationed, by law, for decades. I guess it was tough love.

To be sure, Trudeau balanced his praise with criticism. "During Castro's rule, thousands of Cubans were incarcerated in abysmal prisons, thousands more were harassed and intimidated, and entire generations were denied basic political freedoms," the prime minister wrote. Just kidding! No, that last quote isn't from Justin Trudeau at all. It's from Human Rights Watch. As for the PM, in a communiqué overflowing with praise for Castro, he could find room for only one word about the

Cuban dictator's human-rights record: "controversial."

Nor can the PM's defenders long sustain the notion that his statement must have been penned by some careless lackey in the PMO. No, the communiqué is too solidly in line with the entire Trudeau family's record on the man to be anything but an honest reflection of Justin Trudeau's thought.

Castro was a pallbearer at

But the rest of us — we cold and bashful Canadians — will probably continue to watch Cuba as we have for decades, unsure or divided in our response to events in the land Fidel Castro leaves behind.

Exhibit A in the theatre of ambivalence is Justin Trudeau's predecessor. Stephen Harper met Raul Castro, Fidel's brother and still the president of Cuba, only 19 months ago, attending what would be

expand."

True, Harper managed to resist marvelling at Castro's charm, oratorical skill, grasp of physics or deep-diving skills, further evidence, if any were needed, that he's no Trudeau.

But Harper's meeting with Cuba's president — only three years after he had blocked Cuban participation at the previous Summit of the Americas — was of a piece with his decision to let Canada be the venue for crucial secret meetings between the Castro regime and the Obama administration.

In both cases, Harper was more eager to get along with the Cubans than to be seen getting along with them.

Why advertise the thaw? A million Canadians a year visit Cuba to enjoy gorgeous beaches and groaning buffets at all-inclusive resorts from which most Cubans remain banned. One winter more than a decade ago, I was one of them. But millions more refuse, even today, to make the trip, believing each dollar they spent would help prop up a corrupt regime.

Probably most Canadians not named Trudeau have long known that Cubans did not have the government Canadians would want for them — and, indeed, not the government Cubans would choose, were they granted the freedom to change their minds about the revolution. But that knowledge doesn't tell us which mix of engagement and isolation is wisest.

Having blown some political capital by saying what he thinks, Trudeau is now going to skip Fidel's funeral. It's a retreat to ambivalence dictated by a public outcry that must have astonished the prime minister, who grew up with a photo of Fidel Castro in his family's home and thought, perhaps, that everybody did.

Paul Wells is a national affairs columnist for the Toronto Star.



SPECIAL RELATIONSHIP Former prime minister Pierre Trudeau looks on as Cuban President Fidel Castro gestures during a visit to a Havana in 1976. THE CANADIAN PRESS FILE

Pierre Trudeau's funeral. The PM's brother Alexandre Trudeau wrote in the Toronto Star a decade ago that Castro was "something of a superman," whose "intellect is one of the most broad and complete that can be found." Alexandre Trudeau wrote that he "grew up knowing that Fidel Castro had a special place among my family's friends," even if ordinary Cubans "do occasionally complain, often as an adolescent might complain about a too strict and demanding father."

One notes family similarities in prose style.

So a prime minister who claims to prize evidence-based policy was caught putting family connections ahead of the exhaustively documented abuses of a man whose death marks a crucial step in his own people's long-delayed march toward freedom.

Probably most Canadians have long known that Cubans don't have the government we would want for them.

Restorative justice really does work — and I should know

HALIFAX MATTERS

Tristan Cleveland



Good on Justice Minister Diana Whalen for extending restorative justice to adults. I know first-hand: it's a much-needed alternative to the courts.

My criminal career got off to a bad start. A friend and I were bored one evening in Chester and so we decided to see if we could get a free Coke out of a pop machine. Our attempts to shake the machine were a bit too enthusiastic (we bodychecked it at a full run) and, to our surprise, it broke.

Here's some good advice I guess we hadn't heard: if you are going to commit a crime, do not commit it under a police station window. Arrested in 60 seconds.

It sucks to be young and feel like you've screwed up. It sucks more when it's going to lead to a criminal record. Punishing offenders is something the law has to do, but stigmatizing kids like us with the status of "law-breakers" would have done nothing to get us doing better things with our time.

We never saw the inside of a courtroom, however, thanks to restorative justice.

Don't mistake it for an easy ride. We had to sit down in a room with the vending machine owner, facilitators, the police and our parents. The owner told us what it feels like to work hard every day on a business only to wake up and

find out someone had attacked it. I had to watch my mother listen to that story.

But with no gavel, we were all able to agree on a suitable punishment and move on. My friend and I were tasked with giving back: 25 hours of helping the tourist bureau get ready for the summer season.

And that's where a funny thing happened. A journalist for the local paper had heard we were helping out and came by to do a feel-good story. She asked me why I was volunteering and I told her, "Ah, well, it's kinda community service." She responded, "Yes, of course it's a service to the community."

The next day, a picture of my friend and me smiling and giving the thumbs-up while we painted the wall was on page 2 of the paper. Far from little criminals, we were in the news as upstanding little citizens.

My favourite part is that the folks at restorative justice said we should use the newspaper clipping to help us get our next job. And that's the thing about restorative justice: it does more than just punish. It helps us be better.

But let's remember that having people assume I'm a great kid even after I break the law is exactly what white privilege looks like. Not only do we need restorative justice; we also need to extend the benefit of the doubt to people who seldom get it.

Let's use restorative justice to work on getting better at that too.

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INTERIOR DESIGN

Create a serene mood in your home to get away from it all

Megan Haynes
For Torstar News Service

There's no such thing as too many candles, says Arne Nordtorp, a Denmark-born Toronto resident, and Danish design aficionado. Soft lighting is key to any happy home. So are cosy blankets and beautiful furniture.

"A lot of people think Danish design is stark and cold, but when you get to the DNA, it's really warm and colourful," says Nordtorp, who owns the Danish furniture and design store Torp on Davenport Rd.

"The space itself needs to be beautiful because when you're in a beautiful space it really makes you feel more comfortable."

It's a philosophy called hygge, and Danes live by it.

The goal is to create an atmosphere that encourages people to "spend time together doing almost nothing at all," Nordtorp says.

Hygge (pronounced HUE-geh or HOO-geh, depending on whom you ask) is all about creating a cosy and comfortable environment, says University of B.C. Danish culture and language lecturer Jens Monrad. And the ideology is currently sweeping the globe, he says.

Five books on the topic have recently been released, while



Cosy like the Danes

• Hygge (HUE-geh or HOO-geh) is all about creating a cosy and comfortable environment

news organizations around the world, particularly in the U.K., have devoted plenty of ink to explaining the philosophy.

While the trend is just starting to bubble to the surface in Canada, the current state

of social and political affairs might lead to a surge in popularity here, too.

The old Norse term originally meant "to think of caring for someone or something," Monrad says.

In the mid-1800s — when Denmark was replete with political and civil unrest — the word resurfaced in literature, usually around themes of families coming together to create a comforting environment.

Nikolaj Grundtvig, founder of the Danish People's Church, later equated the concept of creating a cosy and quiet comforting home environment to a churchlike experience, and the philosophy really took off.

"He made the gates of paradise sound like something out of Ikea's Christmas catalogue," says Monrad.

Anytime there was civic unrest, such as during the Nazi occupation in the Second World War, hygge resurfaced until it just became part of everyday life in Denmark, he says.

"It is why in a modern con-

text, (hygge) has connotations of something overly escapist, perhaps a little bit self-satisfied."

Today, it's part of what makes Denmark, Denmark — one of the happiest countries on the planet, according to the World Happiness Report.

With the continued economic slump, global safety concerns, Brexit, Trump — there's never been a better time to create that welcoming and comfortable home environment to escape the stresses of modern life, Monrad says.

But, he adds, hygge is more than just escaping the harsh realities of the world in a candlelit, blanket-covered room.

To live a truly hyggelig life, it's about fostering a closeness and comfort with friends and family.

Toronto's Steve Miller, an ad agency executive whose mother is Danish, grew up with hygge — candles and blankets everywhere, and plenty of sweets in the home.

Now at 41, he continues his mom's traditions, and there's nothing more hygge than the holidays, he says.

Friends and family come over to eat open-faced sandwiches and pastries around a candlelit table, and they sit around for hours discussing everything and nothing at all.

"Friends, family and laughter — that's hygge."



+ CUDDLE UP

Canadian winters are cold and long. Here are three ways to add a little hygge.

Accessories

Candles are crucial for creating hygge at home, Monrad says. Even though Ikea is Swedish, he says, it's a great place to get inexpensive candles, such as the patterned Kornig (\$9.99 for a set of three). To really drive home the feeling of warmth, toss some throws, (Ikea's Odort faux-fur blanket, \$59.99), onto every



surface possible.

Furniture

When decorating your home, look for comfortable furniture, such as the Flag Halyard Chair (\$11,201) from designers Hans Wegner and Kasper Holst Pedersen. And since the dinner table is such an important part of the hygge experience, Nordtorp says a beautiful table, such as the Crosslegged Table (Wegner and Holst Pedersen, \$5,092), will encourage guests to linger.

Foods

Bowls of sweets are common in Danish households as are rich, flaky pastries. Pick up Hoj Snegl (cinnamon roll buns), Smakager (cookies) or Smorrebrod (savory, buttery open-faced sandwiches common at group gatherings) to complete your table.



The Flag Halyard Chair, designed by Hans Wegner and Kasper Holst Pedersen. CONTRIBUTED

The mother of all double standards

VASECTOMIES

Permanent birth control access unequal among genders

Sofi Papamarko
For Torstar News Service

Andy Prosserman will never be a father — and he couldn't be more delighted.

The 31-year-old Torontonian commemorated his recent vasectomy with a celebratory photo shoot. In one photo, he tenderly cradles a head of kale like a green, leafy infant. In others, he clutches a bottle of scotch, a Nintendo controller, and his Canadian passport — all things he'll have time to enjoy in the absence of parental responsibilities.

"I've known I didn't want to be a father as far back as I can remember," says Prosserman. "I'd thought about getting a vasectomy when I was in my early 20s. I chose not to do it at that point because I knew things could change and that it



Andy Prosserman, 31, commemorates his recent vasectomy with a celebratory photo shoot.

PHOTOS BY ANGELINA COCCIMIGLIO/WWW.BLOG.ACOCCI.COM

would've been irresponsible to do it that young, but I've always assumed I'd do it at some point. And here we are."

Unlike Prosserman, Cam Nursall came to this realization gradually.

"I have zero paternal instinct," says the 25-year-old, currently in consultation for a vasectomy. "I want to travel, I want to open a small brewery, I want to ride across the continent on my motorcycle, and kids just don't fit into that."

The choice about whether or

not to have children is among the most important we make. If parenthood is ultimately not for us, there are myriad options available to us, including permanent sterilization.

But young people's choices about their own bodies and futures aren't always taken seriously — especially the choices of young women.

Samantha Bleiziffer, 27, is certain she does not want to be a mother and would get a tubal ligation if she could.

"I can't even seem to find a



I don't think it's selfish to know what I want from my life.

Samantha Bleiziffer K

doctor who will sit down and discuss the options with me, like an adult with autonomy over what happens to her body," says Bleiziffer.

"I first tried talking to my family doctor about it when I was 25, because I wanted information on the process and the risks. I was very quickly denied the conversation. My next at-

tempt was at 26, where the doctor at a private women's health clinic denied me the same information and conversation."

Compare this with Prosserman's experience — his vasectomy took place two months after putting in an initial request with his GP.

Tubal ligations are irreversible and more invasive than vasecto-

mies, but this informal double standard is frustrating for young Canadian women certain of their decision.

The current summary guidelines from the Society of Obstetricians and Gynaecologists of Canada (SOGC) state: "Before providing permanent contraception, women should be counselled on the risks of the procedure, the risk of regret, and alternative contraceptive methods... Informed consent must be obtained."

Despite this, several women I've spoken to were stonewalled by health-care providers when requesting information on tubal ligations.

Physicians seem especially reluctant to offer it to women in their 20s, like Bleiziffer.

One of the more common criticisms women face is that choosing not to have children makes them selfish.

"I don't think it's selfish to know what I want from my life, and if not being a mother is a part of that plan, it truly doesn't concern anybody but me and my partner," Bleiziffer says.

"I don't critique anybody's choice to procreate and have kids. All I want is the same respect for my choice."



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HAVE A CHEESY HOLIDAY

Four easy, cheesy appetizers you can whip up in only 20 minutes or less

At its best, the holiday season is a chance to get together with friends and family. And at many of those shindigs, bite-sized holiday nibblies will be the star of the show. You may find the thought of crafting countless individual appetizers overwhelming — but it doesn't have to be all that time-consuming.

Here are four festive and indulgent holiday apps you can easily throw together in the time it takes to get to the grocery store.

1. Baked Brie with cranberry sauce

Start with a round of Canadian Brie on an oven-proof dish. Top with a mixture of ¼ cup (60 mL) dried cranberries, ¼ cup (60 mL) halved pecans, 2 tbsp. (30 mL) honey and 1 tbsp (15 mL) of minced orange zest. Heat in 400°F (200°C) oven for seven to 10 minutes. Serve, warm and melting, with fresh baguette.

2. Bocconcini-tomato kebabs

Using small bamboo skewers, alternate grape tomatoes, fresh basil leaves, and small balls of Canadian Bocconcini. Sprinkle with sea salt and freshly ground black pepper and drizzle with balsamic reduction.



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3. Blue Cheese stuffed mushrooms

Remove mushroom stems and place caps in a baking dish. Stuff with clumps of Canadian Blue Cheese, sprinkle with bread crumbs and bake in the oven at 425°F (220°C) for five to seven minutes. Sprinkle with fresh thyme and drizzle lightly with balsamic reduction before serving.

4. Warm and cheesy artichoke dip

In a food processor, coarsely blend one 14-oz. (414-mL) tin of artichoke hearts (drained), 1 cup (250 mL) of mayonnaise, 1 cup (250 mL) of grated Canadian Parmesan, a dash of Tabasco and a dash of Worcestershire sauce. Transfer to oven-proof dish and bake at 400°F (200°C) for about 15 minutes, until hot and bubbling. Serve with crackers.

Maritime cheeses a locavore's delight

Amid the bustle of Halifax, it can be easy to forget how close it is to dairy country. The Maritimes have a burgeoning number of cheese-makers due to rich fields and pastures and a plentiful supply of fresh, 100 per cent Canadian, free of artificial growth hormones cow's milk. Many are small producers, some of whom frequently make cheese with milk from their own cow's right on-site. And they go far beyond making Cheddar. You'll find everything from zesty Canadian Blue Cheese to Canadian Gouda, Canadian Havarti and even Canadian Quark.

Golfing world riveted by return of fallen idol Woods

GOLF

Several injuries have kept Tiger out, played last in August 2015

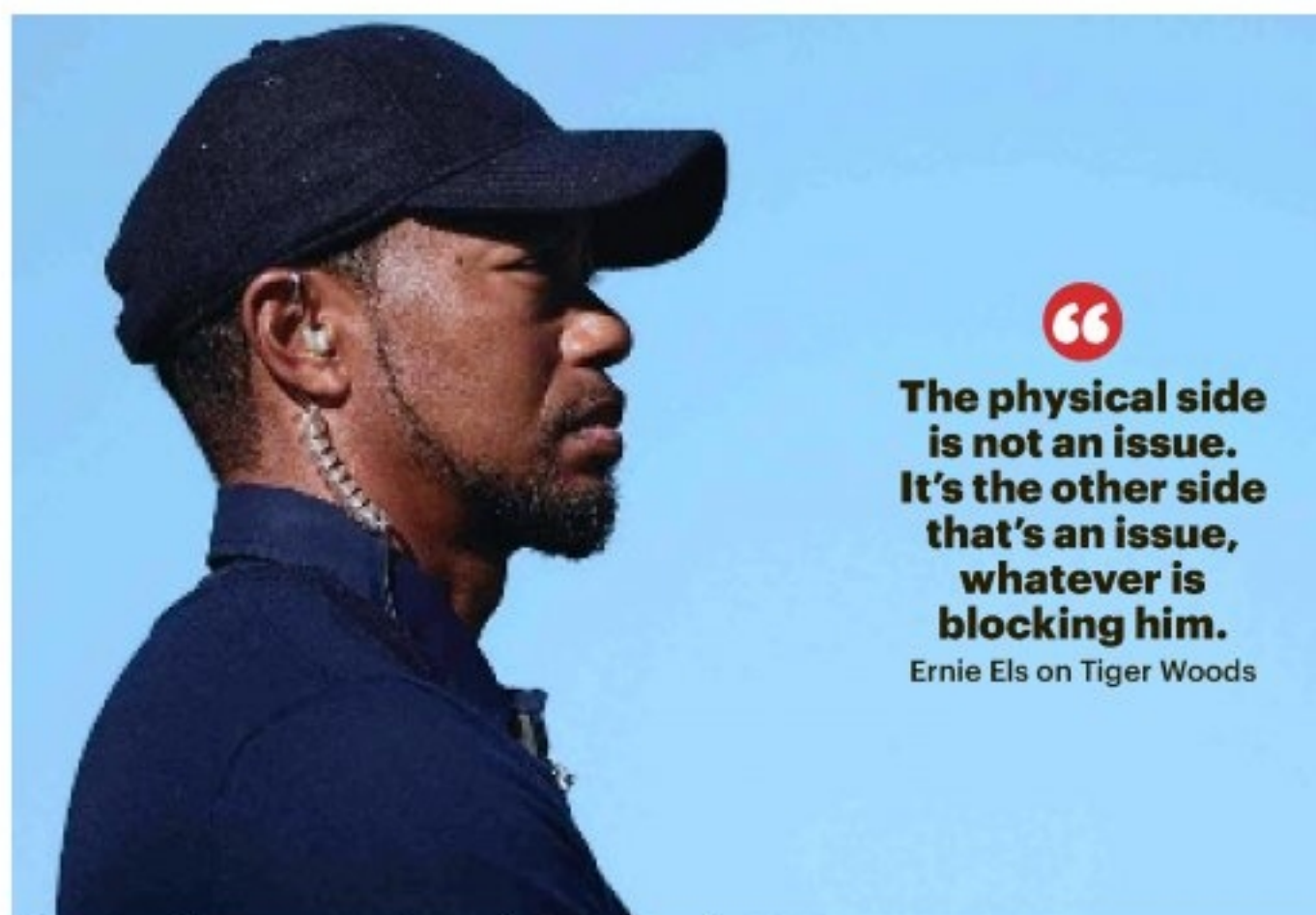
Tiger Woods has gone through two back surgeries since he last played a golf tournament 15 months ago. He had another back surgery that knocked him out of the Masters for the first time in 2014. He had four knee surgeries before that.

None of that matters to Ernie Els when Woods returns to competition this week. Els is more curious about what's going on in his head.

"The talent's there. It's been proven. It doesn't go away," Els said. "It's what you think of yourself. We look at this great player, but he's not seeing the same stuff in his own mind. A lot of us are like that. When you've achieved as much as he has it's a shock to the system not to play as good as you have been."

Els, perhaps more than any other player, has a deep golfing connection with Woods.

He was the player Woods sought out 20 years ago at Royal Lytham & St. Annes when deciding whether to turn pro. They had so many meaningful battles, and Woods almost always got the better of him. Els was runner-up to Woods seven times, the most of any player.



Tiger Woods has won 14 majors and 79 times on the PGA Tour. STREETEER LECKA/GETTY IMAGES

Els designed the Albany golf course where Woods comes back from the longest layoff of his career on Dec. 1. He plans to be in the Bahamas, and he is as eager as anyone else to see how a guy who won 79 times on the PGA Tour, including 14 majors, stacks up against a generation that grew up in awe of how Woods played golf.

The Hero World Challenge is a holiday tournament with an 18-man field and no cut. Even so, it commands as much attention as any tournament this year.

Woods has been a star attraction his entire career, and the appetite is even stronger after an absence that dates to Aug. 23, 2015.

"I can't wait to watch, either, just to see him play," Ryder Cup captain Davis Love III said. "The last time I saw him play, I won. It's hard to believe it's been that long." Woods already has had one false start. He signed up to play the Safeway Open, only to pull out three days later because he said he felt "vulnerable." That followed a week as assistant

"The physical side is not an issue. It's the other side that's an issue, whatever is blocking him."

Ernie Els on Tiger Woods

+ LAST VICTORY

Woods hasn't won a tournament since his seven-shot victory in the Bridgestone Invitational in 2013, the year he won five times and was PGA Tour player of the year.

He hasn't had a serious chance at winning since his tournament three years ago when it was at Sherwood Country Club. Zach Johnson holed a wedge from the drop zone to force a playoff, and won when Woods missed a 5-foot putt in the playoff. THE ASSOCIATED PRESS

that Ernie is still competitive, that Davis is still competitive," Love said. "He knows Jack Nicklaus won the Masters in 1986 playing part-time. He knows what everybody has done. I know he's working hard not to come back and be average. He wants to come back and win again." That might be expecting too much, way too soon. No other player has ever faced so much scrutiny, especially now.

"I won't be able to turn the TV on, or the radio on, or look at my phone without knowing what he shot," Jim Furyk said. "The expectations are so high. Every pitch shot, every putt, every 3-footer, it's not under public scrutiny like he has."

THE ASSOCIATED PRESS

ICE SKATING

Controversial tribute to Holocaust victims

An Olympic ice-dancing gold medalist and her dancing partner have caused controversy by dressing up in concentration camp uniforms for a routine on a popular television show.

Tatiana Navka, who is the wife of Russian presidential spokesman Dmitry Peskov, and partner Andrei Burkovsky appeared in Saturday's episode of Ice Age dressed in striped uniforms bearing yellow stars and made-up to look bruised and frail. Their routine, which aired on state-owned



Tatiana Navka
GETTY IMAGES

in a Nazi camp is just a game.

Afterwards Navka's Instagram account was flooded with indignant comments.

THE ASSOCIATED PRESS

Channel One, was based on Life is Beautiful, the Academy Award-winning Italian movie about a Jewish father who pretends for the sake of his son that their internment

IN BRIEF

Baseball representatives to meet about new CBA

Negotiators for baseball players and owners are meeting this week in Irving, Texas, in an attempt to reach agreement on a collective bargaining agreement to replace the five-year contract that expires this Thursday, December 1.

After eight work stoppages from 1972-95, baseball has had 21 years of labour peace.

THE ASSOCIATED PRESS

NFL

Brady 'fish out of water' on blocking

Finally, there's a hole in Tom Brady's game. The four-time Super Bowl champion admitted Monday that he's a little lost when called upon to block for his teammates, saying he's "really a fish out of water when I'm out there."

"(I) don't even know what to do when I get out there," the Patriots quarterback said in a radio interview a day after leading New England to a 22-17 win over the New York Jets. "I'm looking around at bodies, really a fish out



Tom Brady
GETTY IMAGES

of water when I'm out there. Things happen so fast. It's like you're out there on the highway." Despite missing two days of practice with a sore knee, Brady completed 30 of 50 passes for 286 yards and two touchdowns on Sunday, becoming the fifth NFL player to surpass 60,000 yards passing in his career. THE ASSOCIATED PRESS

CFL

Desjardins keeps his Grey Cup promise

Ottawa Redblacks general manager Marcel Desjardins was right. Desjardins surprised many at his first news conference as Redblacks GM in 2013 when he laid out lofty expectations for the expansion franchise.

"It's going to be a process," he said at his introduction. "I would say hopefully that by the second year we're more competitive and the third year we're competing for a playoff spot if not a Grey Cup." Three years later, Desjardins addressed media again as architect of a Grey Cup champion after the Redblacks defeated the heavily favoured Calgary Stampeders 39-33 in overtime on Sunday in the 104th CFL final. Reminded of his comments on Monday, Desjardins reflected on the past three years and the growth of the Redblacks.

"I certainly thought it was possible," said Desjardins. "We matured last year even though we lost, but I think that gave us some resolve in terms of what it would take to take that final step and fortunate to get it done (Sunday)." While much of the credit for the Redblacks' achievements goes to head coach Rick Campbell and veteran quarterback Henry Burris, Desjardins was instrumental to the Redblacks' overall success.

Desjardins was involved in every decision from the selection of Campbell as the head coach, to the signing of players and the development of the franchise from the ground up to entice quality players to sign in Ottawa.

The result was Ottawa winning its first CFL title since the Rough Riders were victorious in 1976. THE CANADIAN PRESS



Grey Cup MVP Henry Burris
VAUGHN RIDLEY/GETTY IMAGES

MAKE IT TONIGHT

Cheesy French Onion Soup



PHOTO: MAAYA VISNVEI

Ceri Marsh & Laura Keogh
For Metro Canada

The debate should be over the cheese to crouton ratio in this pub favourite.

Ready in 30 minutes

Prep time: 10 minutes
Cook time: 20 minutes
Serves 4

Ingredients

- 2 onions, thinly sliced
- 1 clove of garlic, minced
- 2 Tbsp butter
- 2 tsp sugar
- 1 Tbsp fresh thyme
- Salt and pepper to taste
- 1 Tbsp flour
- 1 Tbsp balsamic vinegar
- 4 cups beef stock
- half a stick of baguette
- 1 cup grated Gruyère and Parmesan mixed

Directions

1. In a Dutch oven, melt but-

ter and toss onion slices, garlic, sugar, thyme and pinch of salt and pepper. Cook over medium low heat for 15 to 20 minutes, stirring frequently, until onions soften.

2. Sprinkle the flour over the onion mixture and stir. Add the vinegar and a cup of stock. Stir well, scraping the bottom of the pot to deglaze. Add the rest of the stock and simmer for 10 minutes.

3. Turn your oven onto broil. Cut bread into 1-inch thick slices. Cut as many slices as bowls of soup you'll be serving. Lay them on a cookie sheet and put a layer of the cheese mix on each piece. Broil in oven until cheese melts and bread is golden brown.

4. Remove bread from oven and cut into pieces. Ladle the soup into bowls and top with a slice of bread's worth of croutons.

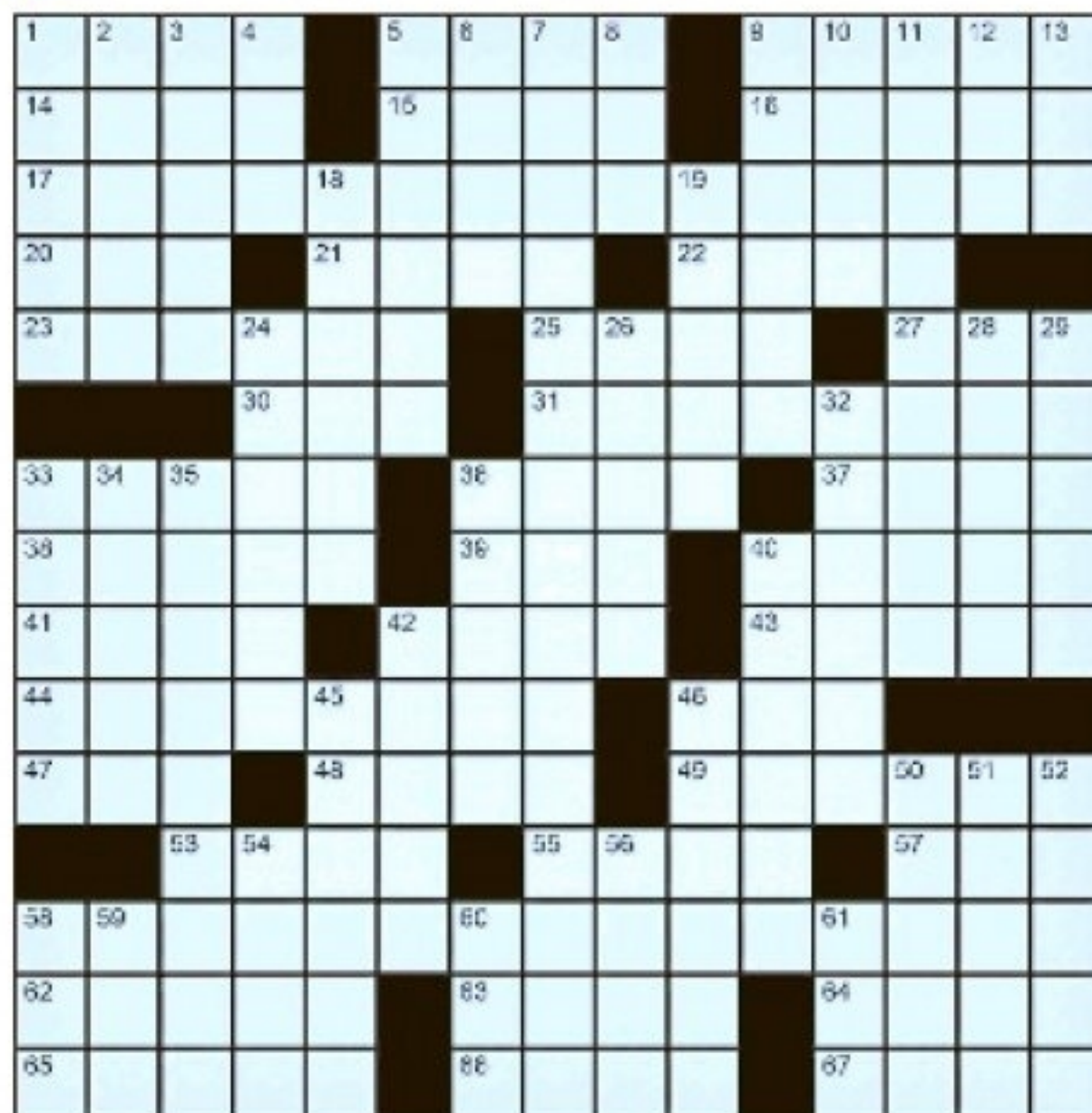
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Club drink
5. Abundant
9. Eclipse variety
14. Above
15. Adjoin
16. Cartoon style of Japan
17. Like a movie or TV production with an East Coast setting, maybe: 3 wds.
20. Carpenter
21. Conceal
22. Intensely dislike
23. Harvester
25. Space: Primordial matter
27. Li'l photo taker
30. Entries
31. Item worn under a sheer blouse
33. Newfoundland's Banks
36. Novembre, par exemple
37. Rapper, T-
38. Sloughs off, States-style
39. Every
40. Chatters
41. X- knife
42. NBC personality Ms. Kotb
43. Milo of "Romeo and Juliet" (1968)
44. Wintertime hazard: 2 wds.
46. "The _ of Us" (1994)
47. Mr. David of "Curb Your Enthusiasm", to pals
48. Put on _ (Complete the suit look)
49. Ludicrous
53. South's opposite ... as a typo
55. Singer sampled on



- Eminem's "Stan"
57. Philosopher, _-tzu
58. Realm for Canadian food brands Clover Leaf and Brunswick: 2 wds.
62. "Weird Al" Yankovic spoof hit: 2 wds.
63. Indigo dye

64. Bark's coveree
65. Rosebud, and others
66. Ms. Hudson
67. Wool

DOWN

1. Up to now: 2 wds.
2. Sheep-like

3. Northwest Territories... Mackenzie
4. Fortify
5. Devices for detecting
6. "Sacred" bird of ancient Egypt
7. 1989 chart-topper for American rapper Tone-Lo: 3 wds.

8. Shakespearean suffix
9. Submarine meat layer
10. Taking action: 2 wds.
11. Pro to counsel with about goals and challenges: 2 wds.
12. "I _ Thief" (1934)

- starring Mary Astor
13. Pal to Fido or Rover
18. Alters the text
19. "Pardon me..." [pl.]
24. Patchy-coated horses
26. "Dancing with the Stars" alum Ms. Ali
28. Similar
29. High IQ society
32. Cramps
33. Google service
34. Mo _ (Correspondent on CBS' "Sunday Morning")
35. Interchange
36. New Zealand language
40. BC: Community on Cowichan Lake
42. _-tro
45. Futuristic cards at the carnival
46. Aerosmith: "Back in the _"
50. Ne plus _ (Perfection)
51. Less grilled at the steakhouse
52. Respected group member
54. Wizard _ (Comic strip)
56. 'A' of Vivica A. Fox or 'J' of Michael J. Fox, briefly
58. The Outsiders author Ms. Hinton's
59. 'Ether' ender
60. Fargo, North _
61. Farm enclosure

* IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
An unexpected flirtation with a boss or someone in authority might occur today. Certainly, right out of the blue, people in power are impressed with you for some reason!

Taurus April 21 - May 21
Unexpected opportunities to travel might fall into your lap today. Act quickly, because this window of opportunity will be brief. Flirtations with someone different also might excite you.

Gemini May 22 - June 21
Surprise gifts, goodies and favors from others can come your way today. If this happens, say "yes" — quickly! Keep your pockets open

Cancer June 22 - July 23
A friend or partner might please you in an unexpected way today. He or she might even sweep you off your feet. Be open to whatever happens.

Leo July 24 - Aug. 23
Unexpected praise and possibly a raise will come your way at work today. For some reason, people admire you. Just say, "Thank you!" This is your good fortune.

Virgo Aug. 24 - Sept. 23
A surprise invitation to a fun event will please you today. Likewise, an unexpected flirtation might amaze you. Sports events will have unexpected results. Meanwhile, because this is a mildly accident-prone day for your kids, be vigilant.

Libra Sept. 24 - Oct. 23
You might unexpectedly entertain at home today, or you might buy something beautiful for your home. Real-estate opportunities look good as well.

Scorpio Oct. 24 - Nov. 22
This is an enjoyable, exciting day because you're meeting new people and seeing new places. You're also full of clever, bright new ideas! It's a strong day for writers, salespeople, actors and teachers.

Sagittarius Nov. 23 - Dec. 21
Many of you will see ways to boost your income today or to make money down the road. Trust your moneymaking ideas. (You might even get a raise.)

Capricorn Dec. 22 - Jan. 20
This is an exciting, social day for you! You're ready for adventure and something different, which is why you are attracted to people who are unusual. Stay flexible today.

Aquarius Jan. 21 - Feb. 19
Secrets might be revealed today. Something unexpected is taking place behind the scenes. Because you sense this, you feel a bit restless and excited.

Pisces Feb. 20 - March 20
You might meet someone new today who is bohemian or avant-garde. Or perhaps someone you already know will do something that completely amazes you!

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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